

DEVELOPMENTAL ACTIVITIES FOR INFANTS (Up to 5 months)

Target Goals and Objectives

PHYSICAL DEVELOPMENT: Exploring Body Parts

CHANGES TO THE ENVIRONMENT

Scenery Displays: Rodeo, Windy Days, St Patrick's Day, Signs of Spring

Changes to Indoor Play Area: New Books, New Toys, New Scenery

Changes to Outdoor Play Area: Rest Mats to Play On

Working with Family: Update feeding sheets. Share Article "No Videos for Babies."

LANGUAGE ACTIVITIES:

Mondays

Books: Blue Hat, Green Hat, ABC Touch and Feel, Good Night Mr. Moon, Baby Friends

Songs & Finger Plays: Old Mac Donald's Farm, Patty Cake, Peek-A-Boo

Tuesdays

Books: Toys, My First Words, My First Nursery Rhythms

Songs & Finger Plays: If You're Happy, The Little Turtle, Twinkle Twinkle Little Star

Wednesdays

Books: Playtime Peek-A-Boo, Who's Knees Are Those? Where is Your Belly Button,

Songs & Finger Plays: Tea Pot, Hello, My Eyes-Ears-Nose, My Toes, Show Me Your Smile, Hey Diddle Diddle.

Thursdays

Books: Where is Jenna? Colors, Toys, My First Book of Words

Songs & Finger Plays: This Little Piggy, Patty Cake, Two Apples, Two Oranges

Fridays

Books: My First Book of Colors, Blue Hat, Green Hat

Songs & Finger Plays: Old MacDonald Farm, Cheep Cheep, Two Dicky Birds

ART AND SENSORY

Hand and Footprint Paint

Listen to Soft Music and Musical Toys

Read and Feel Book (Textures)

EMOTIONAL DEVELOPMENT

Lap time for each baby

Reading, singing and talking too

Talking to during feeding and diaper changing time

Holding and cuddling child when he or she is upset

PHYSICAL DEVELOPMENT

Leg lifts, tummy time, grasping and reaching for toys

DEVELOPMENTAL ACTIVITIES FOR INFANTS (5-9 Months)

Target Goals and Objectives

PHYSICAL DEVELOPMENT

Riding on, Bye Bye Buggy – (First Time)

CHANGES TO THE ENVIRONMENT

Scenery Displays

Rodeo from 3/1/10-3/12/10, St Patrick's Day (3/15/10 to 3/17/10), Signs of Spring (3/18/10-3/31/10)

CHANGES TO INDOOR PLAY AREAS

New Toys

New Books

CHANGES TO OUTDOOR PLAY AREAS

Bring music outdoors

Bring Tumble Mats outdoors

WORKING WITH FAMILIES

Update feeding sheets. Share Article "No Videos for Babies." Videos are not electronic babysitters.

LANGUAGE DEVELOPMENT

Mondays

Books: Billy's Boots, Toes, Ears and Nose, Touch and Feel Bedtime

Songs and Finger plays: Pat a Cake, Peek-A-Boo, Old Mac Donald's Farm

Tuesdays

Books: A.B.C, Touch and Feel, Good night Mr. Moon, Baby Bird Count, Let's Peek, My House

Songs and Finger plays: Two Little Apples, Johnny's Hammer

Wednesdays

Books: It's Bedtime, Bye Bottle Feelings, My First Book of Colors

Songs and Finger plays: Where's Thumpkins, If You're Happy

Thursdays

Books: Blue Hat, Green Hat, Baby Colors, Lady Bug

Songs and Finger plays: There Was A Little Turtle, TwinkleTwinkle Little Star, Jack In The Box

Fridays

Books: Very Hungry Caterpillar, Baby Friends, Toys, Flavors

Songs and Finger plays: Puppet Brown Bear, Green Frog, Two Dicky Birds

ART AND SENSORY

Finger Painting, Listening to Music, Music and Movement (CD)

Playing with large color petals, Letting bubbles float down to babies, Using different textures

Daily Books: Touch and Feel Bedtime, A.B.C. Touch and Feel.

PHYSICAL DEVELOPMENT – Gross and Fine Motor Skills

Leg lifts

Knee Bend – Opening and closing fingers

Open and Close Arm – (Pat a cake with hands)

Tummy time

Assisted sitting up for Story Time

Grasping Toys and letting babies reach for toys

ART AND SENSORY

Painting with jello and pudding (feel cool)

Painting with paint

Listen to soft music and musical toys (hear)

Read Book – My First Colors

Sensory Book – different textures

EMOTIONAL DEVELOPMENT

Holding each child for lap time

Reading, singing and talking to child while sitting or walking with them.

Talking to child during diaper changing time and feeding time.

Holding child and talking to them when they become upset. Assist in settling them down

DEVELOPMENTAL SKILLS ENHANCEMENT FOR INFANTS (9-12 Months)

CHANGES TO THE ENVIRONMENT

Scenery Displays

Rodeo from 3/1/10-3/12/10, St Patrick's Day (3/15/10 to 3/17/10), Signs of Spring (3/18/10-3/31/10)

CHANGES TO INDOOR PLAY AREAS

New Toys

New Books

CHANGES TO OUTDOOR PLAY AREAS

Bring music outdoors

Bring Tumble Mats outdoors

WORKING WITH FAMILIES

Update feeding sheets. Share Article "No Videos for Babies." Videos are not electronic babysitters.

Activities for Language Development

Watching Talking: Let baby see your mouth move, touch your mouth and touch your throat as you speak.

Eyes, Nose, Mouth: Show baby eyes, nose and mouth on a doll, on teacher and on your baby. Have baby touch each one as you name them.

Naming Sounds: Knocking, running water, a bell, a drum. Name the sound for baby.

Puppet Talk: Use a puppet to talk to baby. Let baby touch the puppet.

Wave Bye Bye: Encourage baby to wave bye bye.

Ask and Show: Put toys in bin or basket, ask where one toy is, pick it up and show it to baby. Let baby pick it up and give it to you.

Talk to a Mirror: Talk to baby's reflection in a mirror. Make funny faces and smile.

FINE MOTOR ACTIVITIES:

Banging Together – Have baby bang 2 blocks or toys or spoons together.

Pressing Keys – Show baby how to use pointer finger to press keys on a piano or pop-up toy

Drop – Let baby drop a toy into a container and remove it. Repeat as long as baby is interested

Nesting Cups – Let baby fit cups together inside each other

Stacking Blocks – Have a baby stack 2 or 3 blocks and knock them down

Dump – Dump toys from container, fill it back up and dump again.

Turning Pages – Let baby turn pages of board books

Finding a Hidden Toy – Encourage baby to hunt for and pull the cloth off a hidden toy.

PHYSICAL ACTIVITIES

Push the Ball – Use a large ball and push it back and forth with baby. Have baby push it to you and return it to baby

Crawling Races – Crawl ahead of baby and have baby follow you

Pulling Up for Toys – Put soft, lightweight toys on an upper shelf where baby has to pull up to a standing position to get them.

Stooping for Toys – While baby stands, drop a toy and have baby stoop and pick it up.

Play Ball! – Have baby toss a ball

Walk With Me – Encourage baby to walk holding your hand or alone

Toy Toss – Sitting on the floor with baby, toss a toy out and encourage baby to get the toy and bring it to you.

Playing Catch Up – A walking baby tries to catch a rolling toy or wagon.

ART

Rodeo Art

Kites

St Patrick's Day

Easter Eggs

MUSIC

Cowboy Songs

Nursery Rhymes

Singing Babies

Disney's Children's Favorites

Classical Music

BOOKS

Brown Bear, Brown Bear, What Do You See?

Paw Print Parade

Let's Make a Noise

Animal Sounds for Baby

Little Lamb

My First Nursery Rhymes Book

Bunny Day

The Bunny Book

Peter Cottontails Easter Surprise